**HOME CARE**

is a service provided by a caregiver in your home to assist with safety, health and independence.

HOME CARE can be provided up to 24 hours a day, wherever you call home.

- **A Private Residence**
- **Independent Living**
- **Assisted Living**
- **Memory Care**
- **An Adult Family Home**

HOME CARE is not physician-ordered and is often paid for privately. If you need assistance with ADL's (Activities of Daily Living - eating, bathing, dressing, toileting & transferring), long-term care insurance, Veteran benefits, or Medicaid will sometimes cover the cost. The patient or family members can set up a consult with a HOME CARE Company to see if they are a good fit.

The benefits of proactively adding a professionally trained caregiver to your care team include, but are not limited to, improved nutrition & hydration, medication compliance and fewer trips to the Emergency Room due to falls, infection and illness.

**HOME HEALTH**

is usually ordered by a physician at the time of discharge from a hospital or skilled nursing community. Patients often underutilize this benefit that is covered 100% by Medicare or insurance with NO exhaustion so long as:

- There is a skilled need for a Nurse and/or Physical Therapy
- The patient is “homebound” - meaning it’s difficult to leave the home unassisted (they still may leave for medical appts & necessities)
- Doctor orders Home Health Services

Patients, Families, or Nurses may request orders for HOME HEALTH services from the physician when the patient has had a change in level of function or experienced an exacerbation of their diagnosis. Physicians may fax an order to your preferred HOME HEALTH company and this begins the service process. HOME HEALTH can build strength, prevent falls and help avoid repeated trips to the ER.